

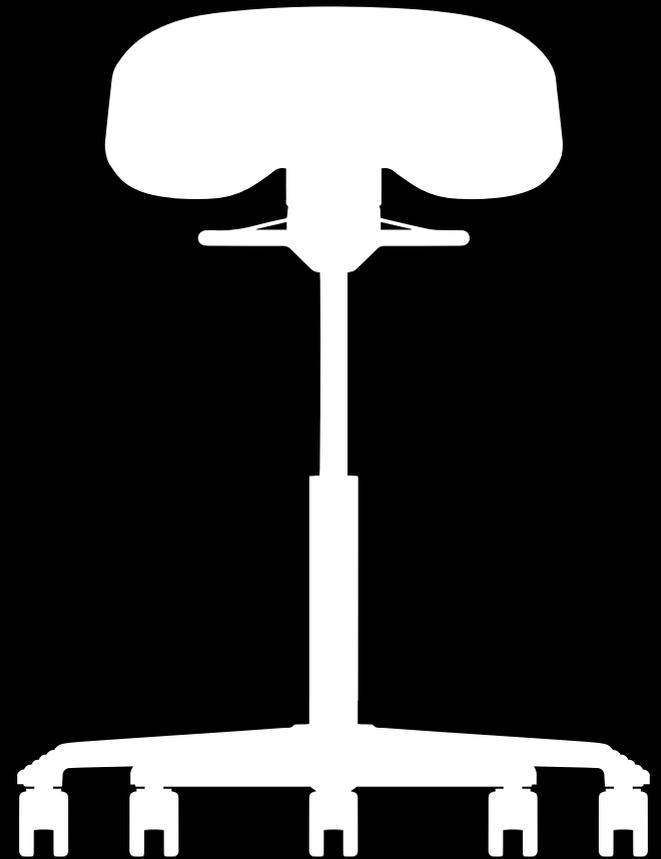
# ACTIVO

MANUAL

thank you  
i'm yours

ACTIVO

[www.ergoscandic.com](http://www.ergoscandic.com)

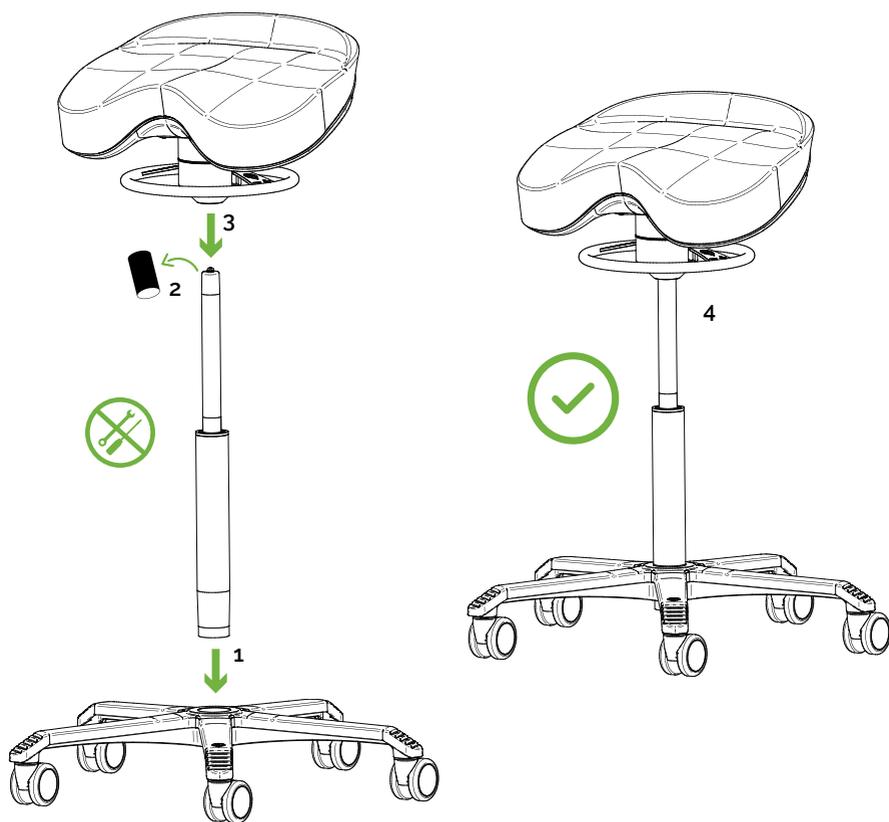


### Sådan samles din ACTIVO stol:

- 1 Placer cylinderens bund midt i hjulstellet.
- 2 Fjern den sorte beskyttelseshætte fra cylinderen.
- 3 Placer sædet på cylinderens spids, og sæt dig på stolen for at fastgøre det.
- 4 Stolen er nu klar til brug!

### Assembling your ACTIVO chair:

- 1 Place the bottom of the cylinder in the center of the foot.
- 2 Remove the black protective cap from the cylinder.
- 3 Place the seat on the tip of the cylinder, and sit on the chair to secure it.
- 4 The chair is now ready for use!

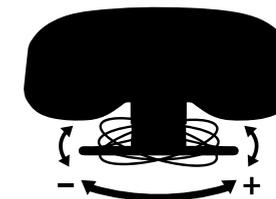
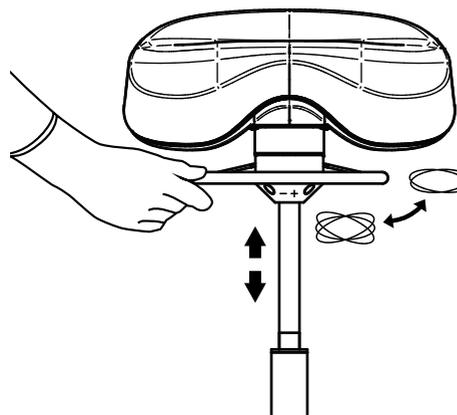


### Justering af din ACTIVO stol:

- Sæt dig på stolen, og køр sædet helt ned.
- Træk op i ringen under sædet, indtil stolen har en god højde for dig.
- Løft dig fra stolen, og juster flexen i sædet ved at dreje ringen (mod + giver mindre bevægelse og - giver mere bevægelse).
- Ringen stopper let med at dreje, når du har nået maksimal eller minimal bevægelse. Tving den ikke videre rundt.

### Adjusting your ACTIVO chair:

- Sit on the chair and press the seat all the way down.
- Pull the ring, under the seat up until the chair has a height that suits you.
- Raise yourself from the chair, and adjust the flex in the seat by turning the ring (towards + gives less movement and - gives more movement).
- The ring easily stops turning, when you have reached maximum or minimum movement. Do not force it any further.



### OBS:

Sid ikke på stolen, når flexen justeres.

### Note:

Do not sit, while adjusting the flex.